## Core Competencies for the Manalapan Township Medical Reserve Corps

We encourage all active members of a Medical Reserve Corps unit, at a minimum, be able to:

- 1. Describe the procedure and steps necessary for the MRC member to protect health, safety, and overall well-being of themselves, their families, the team, and the community.
- 2. Document that the MRC member has a personal and family preparedness plan in place.
- 3. Describe the chain of command (e.g., Emergency Management Systems, ICS, NIMS), the integration of the MRC, and its application to a given incident.
- 4. Describe the role of the local MRC unit in public health and/or emergency response and its application to a given incident.
- 5. Describe the MRC member's communication role(s) and processes with response partners, media, general public, and others.
- 6. Describe the impact of an event on the mental health of the MRC member, responders, and others.
- 7. Demonstrate the MRC member's ability to follow procedures for assignment, activation, reporting and deactivation.
- 8. Identify limits to own skills, knowledge and abilities as they pertain to MRC role(s).





