

Township of Manalapan

PARKS & RECREATION

Newsletter

VOLUME 7; JANUARY 25TH



Office Phone: (732) 446-8336 & (732) 446-8353
Office Hours: Monday – Friday 8:30AM – 4:30PM

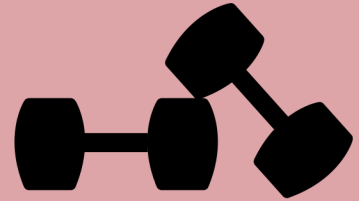
SPRING SNEAK PEEK

TAKE A LOOK AT WHAT'S COMING THIS SPRING!
REGISTRATION OPENS FEBRUARY 14



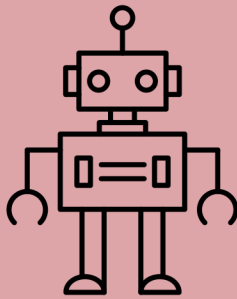
New

**BEGINNER SOCIAL DANCING:
SALSA & HUSTLE**

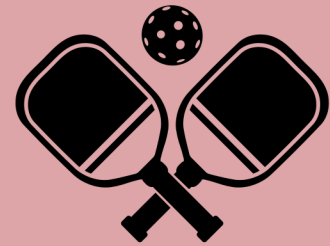


New

TOTAL BODY CONDITIONING



**LEGO ROBOTICS & CODING:
AMAZING ENGINEERS**



**PICKLEBALL:
ADVANCED BEGINNER**



**HOCKEY FUNDAMENTALS:
ROLLER & STREET**



New

**ADVANCED ACTING:
AWAKENINGS STYLE**



»»
**LAST
CHANCE**
»»

THERE IS STILL TIME TO REGISTER!

L'IL DANCERS

Winter Session



SATURDAY CLASSES:

JANUARY 27TH- MARCH 16TH

10:05AM: DANCE ON MY OWN (AGES 2.5-4)

10:40: DANCING MINIS (PREK, K)

11:15AM: BALLET (GRADES 1-4)

11:50AM: JAZZ/HIP HOP (GRADES 1-4)

WEDNESDAY CLASSES:

JANUARY 31ST - MARCH 20TH

4PM: DANCE ON MY OWN (AGES 2.5-4)

4:35PM: DANCING MINIS (PREK, K)

5:10: JAZZ/HIP HOP (GRADES 1-4)

Tuesdays; 2/27 - 3/19

6:30-7:30pm

Taylor Mills School

Cost: \$160/couple

Beginner Social Dancing

Bachata
& Waltz



IMPORTANT

We're excited to announce we are changing registration platforms! Starting with our spring program registration on February 14, we will be using RecDesk.

To ensure a smooth transition, it is important to set up your RecDesk account prior to the start of the 2024 Spring program registration.



REGISTER NOW



Scan the QR Code or visit: <https://manalapan.recdesk.com/>
For any questions please contact Manalapan Parks & Recreation
732.446.8336

LET'S GET CREATIVE!

ART IN THE PARK STARTS FEBRUARY 15



Do you or your child love to draw and color? Well you're in luck! Come join our drawing-based exemplary art program with diverse multimedia curriculum. Discovery and self-expression are fundamental to art programs where creative spirit is nurtured, while building friendships and having fun.

Kids:

Thursdays: 2/15/24 - 3/7/24

Time: 5:00pm-6:00pm

Adults:

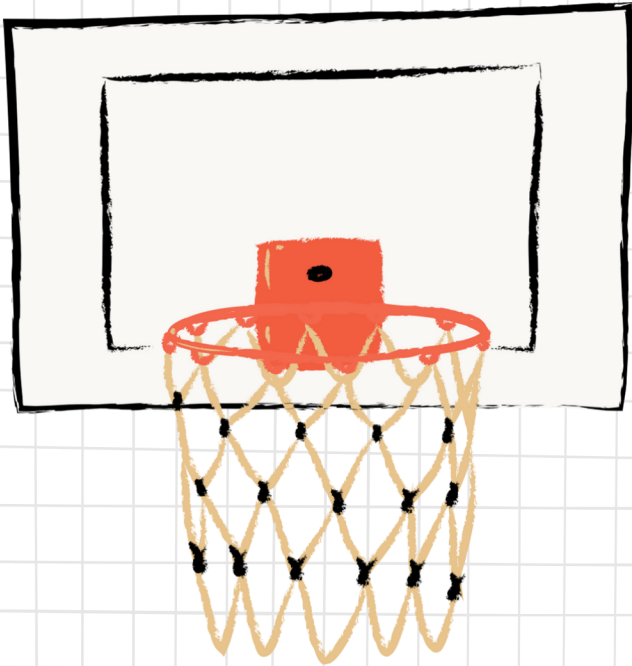
Thursdays: 2/15/24 - 3/7/24

6:00pm-7:00pm

Register on Community Pass!

MANALAPAN BASKETBALL

ADULT OPEN GYM



Wednesdays

February 7th - March 27th

7pm - 10pm

Manalapan High School

Age: 21 & Older

Manalapan Residents - Free

Non Residents - \$20 per week

***Must register on Community Pass &
have ID to participate***



Scan to register or visit:

<https://register.communitypass.net/manalapan>

SAVE THE DATE

S.O.A.R. Earth Day Celebration

Join us at the Dreyer Pavilion for a morning of crafts, learning and most importantly, fun!

Stop by to pot-a-plant in celebration of Earth Day and learn more about the SOAR program for children with special needs.




Saturday, April 20; 9am-11am

Dreyer Pavilion, Manalapan Recreation Center

*This program is designed for children with special needs. Parents must stay to chaperone their child for the length of the program. Participation available while supplies last. Please contact Katie O'Brien with questions regarding special needs programs: kobrien@mtnj.org.

WINTER WORKOUTS

Just because the temperature drops, doesn't mean your outdoor workouts need to stop! There are many benefits to exercising outside in the cold weather. According to Harvard Health, working out in the cold may:

-  *improve endurance*
-  *burn fat (especially belly and thigh)*
-  *increase exposure to vitamin D*

However, it's important to stay safe during your winter workout. Remember to wear layers to avoid hypothermia and always check conditions before exercising.



Consider using our outdoor fitness area for your next winter workout!

The Mona Cholowinski Fitness Area is located on the east end of the Manalapan Recreation Center.

NATURE CORNER

facts about plants, animals & beyond!



FULL MOON FINDINGS

Look up! On Thursday, January 25 the Full Wolf Moon will be visible at 12:54 p.m. According to the Old Farmers Almanac, many full moon "names" vary in origin, ranging from Colonial, to European and Native American. The January full moon is likely called the "Full Wolf Moon" due to the sound of wolves' howling. However, it's important to note that wolves howl for a variety of reasons and are not necessarily triggered to howl due to moon visibility. Native American communities throughout the United States have different names for the January full moon which including the Freeze Up Moon (Algonquin) and Hard Moon (Dakota), to name a few. Below are widely recognized names of full moons throughout the year.

January

Wolf Moon



May

Flower Moon



September

Corn Moon



February

Snow Moon



June

Strawberry Moon



October

Hunter Moon



March

Worm Moon



July

Buck Moon



November

Beaver Moon



April

Pink Moon



August

Sturgeon Moon



December

Cold Moon



www.almanac.com/content/full-moon-january
www.almanac.com/topics/astronomy/moon/full-moon-names

CEDAR VS. JUNIPER

Name that tree!

The Eastern Red Cedar, or *juniperus virginiana*, is an evergreen plant native to the United States that can grow as a tree or shrub. These plants are often miscategorized as "true" cedars due to their fragrance or bark appearance being so similar to some true cedar varieties. Despite their name, the Eastern Red Cedar is technically not a true cedar, but a juniper tree and member of the cypress family. Female Eastern Red Cedars will produce blue fruits often called juniper berries. Eastern Red Cedars are quite common; perhaps you have one in your backyard? The photo to the right was taken at the Manalapan Recreation Center. Can you find it?



Eastern Red Cedar

PARK SPOTLIGHT

THOMPSON GROVE PARK



Located off of Thompson Grove Road

Unleash the fun at Thompson Grove Park through fishing, hiking and bird watching!

Our off leash dog park at Thompson Grove Park is open from dawn to dusk.

The lake is open for catch and release fishing all year round. Must have NJ Fishing License.



Scan to learn more about our Parks & Recreation active park properties!

Meet The Mayor

AT MANALAPAN TOWNSHIP'S

Public Safety Meeting

SATURDAY
JANUARY 27

8:30 AM
TOWN HALL
COURTROOM



**Topic of
Discussion**



Public Safety Forum

MEET THE MAYOR &
DEPUTY MAYOR



Join Mayor Mary Ann Musich, Deputy Mayor Jack McNaboe, the Township Committee, and members of the Manalapan Police Department as they discuss safety tips and answer any questions you may have regarding public safety.

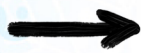
PAVILION RENTAL

Host your next event at one of our pavilions!



Reservation packet available at:

mtnj.org



departments



parks & recreation

Scan for more info!



@Manalapan_Parks_and_Recreation



@ManalapanRec

Contact Manalapan Parks & Recreation with questions

732.446.8336